

*Starting Soon...*



# ***Aging Well in New York: The Resources Helping You Stay Home—without Medicaid***

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# Welcome

- ▶ Your Lines Are Muted
- ▶ Type Questions in the Q&A Section at the Bottom of Your Screen
- ▶ Presentation is Posted: [pierrolaw.com/resources](http://pierrolaw.com/resources) under “Medicaid Planning”
- ▶ Fill Out Our Survey with Feedback





# Our Team Of Attorneys



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## **Serving New York State Residents Through Offices in:**

Albany, New York City, Garden City, Hudson, Ronkonkoma, Lake Placid, Utica  
Serving Clients in NJ, CT, and FL

# 2026 MEDICAID ELIGIBILITY NUMBERS

<b>Monthly Income</b>			
	<b>2026</b>	<b>2025</b>	<b>Difference</b>
<b>Individual (at home)</b>	\$1,856	\$1,820	\$36
<b>Couple</b>	\$2,509	\$2,453	\$56
<b>Community Spouse Income Allowance</b>	\$4066.50	\$3,948	+\$118.50
<b>Institutionalized Spouse Income Allowance</b>	\$50		

\*Likely to adjust once Federal Poverty Guidelines are released.

# 2026 MEDICAID ELIGIBILITY NUMBERS

## Resources

	2026	2025	Difference
<b>Individual</b>	\$33,038	\$32,396	\$642
<b>Couple</b>	\$44,796	\$43,781	\$1,015
<b>Comm. Spouse Resource Allowance</b>	\$74,820 <sup>1</sup>		
<b>IS Resource Allowance</b>	\$137,400		

1 - \$74,820 (or the spousal share of 1/2 combined resources up to a maximum of \$162,660 (up \$4,740 from 2025))

# Aging Services In New York

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Becky Preve

Executive Director

Association on Aging in New York

# Level Set on Aging

- 36% of Population in NY 50+
- 
- Contributed 43% - \$719 billion – GDP
  - \$2.2 trillion by 2050 (43%)
  - Support 5.9 million jobs
  - Generated \$482 billion in wages and salary
  - \$1.46 trillion by 2050 (50%)
  - Contribute \$72 billion in state and local taxes (39% of total)
  - Will triple to \$255 billion by 2050 (43%)

# Combating Ageism and Stereotypes

- New York's total population is over 19 million individuals, and the State **ranks fourth** in the nation in the number of adults age 60 and over – 4.84 million.
  - 3.7 million between 45-59
- 
- **80% of NYS Retirement System Payouts Stay in NY - \$10.6 billion annually**
  - **Social Security - \$59 billion** annually paid to NYS older adults
  - **935,000 individuals age 60+** contribute **495 million hours** of service at economic value of **\$13.8 billion**
  - **64% of individuals** age 60+ who own their own homes and have **no mortgage**
  - **4.1 million caregivers** at any time in a year – economic value if paid for at market rate is **\$39 billion**

# 4 Primary Groups of Customers

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- Individuals seeking information, referral, assistance with benefits, Part D Plans, entitlements, etc.
- Individuals with chronic conditions or in need of minor assistance – implement 41 highest level Evidence-Based Interventions serving 36,000+
- Individuals at risk of higher levels of care, poor health outcomes, ER and NH placement
- Individuals caring for a loved on with functional and cognitive impairments

# Core Home and Community Based Services Provided by the Network of Aging Professionals

- 
- Home delivered meals (HDM)
  - Congregate meals
  - Nutrition counseling & education
  - Senior center programming
  - Health promotion and wellness
  - Evidence Based Interventions – CDSMEs, fall prevention, etc.
  - Volunteer opportunities
  - Respite and caregiver supports
  - Legal Services
  - Home modifications, repairs
  - Elder abuse prevention and mitigation
  - NY Connects
  - Health Insurance Information , Counseling and Assistance (HIICAP)
  - Personal Care Level I and II (non-Medicaid)
  - Case management
  - Ancillary services such as PERS and assistive devices
  - Minor home repair/modifications
  - Social adult day services
  - Transportation to needed medical appointments, community services and activities
  - Long Term Care Ombudsman
  - Combat Social Isolation

# Home Care Services

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- Non-Medicaid in home services to support older individuals
- Personal Care level 1 – housekeeping, grocery shopping, bill paying
- Personal Care level 2 – bathing, toileting, dressing etc
- Respite Services – support for caregivers, in home or institutional settings
- Social Adult Day services provided for working caregivers where available
- Daily health and safety check in via home delivered meals

# Prevention of Medicaid Spenddown

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- Average client on service – 83 year old, low income, lives alone, 4-10 chronic conditions and needs assistance with ADL and IADL
- Served on average for 6-9 years for less than \$10,000 per year
- Comprehensive services that delay institutional care and the need to spend down to Medicaid covered services
- Supporting caregivers also delays more costly interventions
- Case management staff provide future planning and advisement

# Innovations in New York

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- 34+ public private partnerships to combat social isolation and loneliness
- Significant return on investments noted by NYS data
- Targeted interventions to increase digital literacy, increase overall physical and mental health, and caregiver supports
- Over 2 million individuals reached

<https://aging.ny.gov/innovations-aging>

# Free Resources for Older Adults & Families

**NYSOFA invests in technologies to combat isolation, support caregivers and bridge the digital divide**



## **Free Access to NY Caregiver Portal**

If you provide unpaid care to a loved one, visit [newyork-caregivers.com](http://newyork-caregivers.com) to access free resources, personalized training, and tools to support your caregiving journey.

## **Free Online Classes and Connections Through GetSetUp**

Older adults in NYS have free access to online classes through GetSetUp. Classes are designed for older adults and taught by older adults. Get help using digital devices and find support for physical, mental, and social health.

## **Free: Discover Your 'Caregiver Intensity' Score**

The ARCHANGELS Caregiver Intensity Index (CII) helps validate your caregiving experience and connects you to tailored resources.

## **Free Access to Virtual Senior Center (VSC)**

Get free access to the Virtual Senior Center (VSC), which includes 400+ monthly live programs and other features, such as email, news, games, and self-directed "channels."

**SCAN THE QR CODE TO EXPLORE  
[www.aging.ny.gov](http://www.aging.ny.gov)**





Office for  
the Aging

## Office for Aging Services and Supports for You



Offices for the Aging support **2 million older New Yorkers** – and those who care for them – annually. Below are some of the services provided in your community through local offices and partners. Find your local office at <https://aging.ny.gov/local-offices>.

### Nutrition & Health

- ✔ **Home-delivered meals** — bringing food to eligible individuals at home
- ✔ **Congregate meals** — a meal at community dining sites
- ✔ **Nutrition counseling & education**
- ✔ **Health promotion and wellness**
- ✔ **Falls prevention and chronic-disease self-management**

### Social Services & Supports

- ✔ **Volunteer opportunities and employment assistance**
- ✔ **Respite for caregivers**
- ✔ **Senior center programming**
- ✔ **Transportation** to medical appointments, services & activities
- ✔ **Social adult day services**

### Information, Assistance, Counseling, & Advocacy

- ✔ **Information and assistance** on benefits you may be eligible for
- ✔ **Application assistance**
- ✔ **Objective Medicare counseling (HIICAP)\***
- ✔ **Advocacy for residents of nursing homes & other facilities (LTCOP)\***
- ✔ **Legal services**

### In-Home Supports

- ✔ **Personal care** (help to bathe, toilet, eat, shop & prepare meals, pay bills)
- ✔ **Ancillary services**, such as PERS and assistive devices
- ✔ **Home modifications, repairs**
- ✔ **Case management**

\*LTCOP: Long Term Care Ombudsman Program | HIICAP: Health Insurance Information, Counseling and Assistance Program

**NEED HELP?** There's just one phone number to remember. Call NY Connects and name the county where you need assistance.

**1 (800) 342-9871**  
[www.aging.ny.gov](http://www.aging.ny.gov)

# Special Projects in Technology

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- NYS is leading the nation in technology integration
- Not a replacement – but a resource utilized across NYS
- Tech companies extremely interested in aging space
- Low cost, high yield interventions
- Future planning for a loved one should include technology services
- Available to everyone at private pay level, and some with supported funding available



## ElliQ – AI Care Companion Robot

ElliQ is a conversational companion that keeps clients stimulated and engaged throughout the day

Simple video calling and messages encourages individuals to stay connected to loved ones

900 Units deployed- - State Budget Allocation

- 93% of users state they find ElliQ Useful

- 93% reported a reduction in loneliness

- 88% indicated ElliQ has changed life for the better



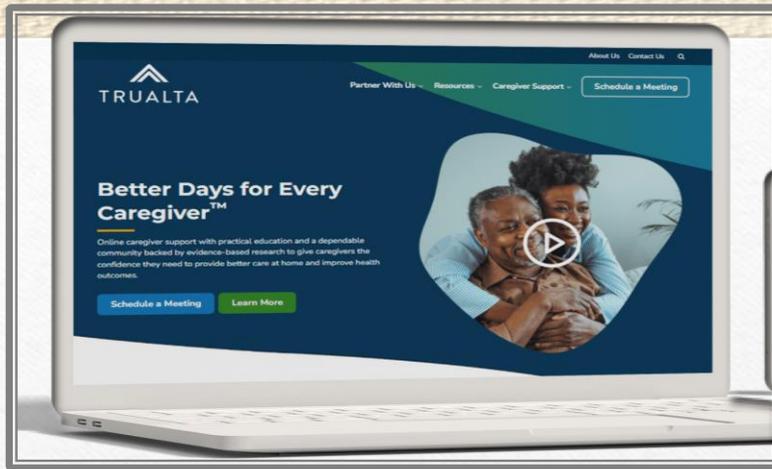
GetSetUp is an online community of people who want to learn new skills, connect with others and unlock new life experiences. We believe people over 55 can do anything when they have the tools to discover, learn and connect.

- Provides classes for older individuals – base classes are on technology utilization (I-Pad, I-phone, zoom)
  - Exclusively taught by individuals over the age of 50 – revenue opportunity
    - 40 categories of classes
    - Multiple languages
  - In NYS almost a million classes have been taken
  - Most popular classes are health and wellness



## Ageless Innovation – Joy for All Companion Pets

- Animatronic cats/dogs/and birds that provide interactive engagement with older individuals
- Walker squawker attaches to a walker and provides a reminder for an individual to utilize walker
- Reimagined intergenerational games (Trivia Pursuit, Life, and Scrabble)
  - Over 100 Reach out and Play events
    - Over 35,000 pets distributed
    - Over 35,000 intergenerational games
    - 75% reduction in social isolation and loneliness
  - Available at any Office for the Aging in New York



## Trealta – Evidenced Based Online Caregiver Platform

With more than **53 million Americans** now operating as caregivers, many unexpectedly, and every single one facing medical complexities while also trying to perform medical tasks, gauge disease progression, provide emotional support and care – **72% of caregivers** report feeling overwhelmed, and **66%** express the need for training, particularly in coping strategies, personal care techniques, and medical tasks. That's why Trealta is here.

- Customized education in a variety of forms/peer support programs
  - 20% reduction in hospitalizations
- 75% of caregivers indicated they were able to keep a loved one at home
  - 92% indicated they leveraged new skills
  - Completely free for any New Yorker



## Caregiver Intensity Index

61% of caregivers worry about caring for a family member, friend, or neighbor.

55% individuals in this role don't self-identify as caregivers.

50% of caregivers use food to cope and reduce stress.

33% of caregivers use substances to cope versus 6% of the general population.

31% of caregivers have contemplated suicide versus just 3% of the general population.

- 2 minute online assessment to identify and target caregiver stress and intensity
  - Provides instant scoring of intensity as green, yellow, or red
  - Provides instant linkages to services and supports for caregivers
- Provides feedback on issues driving intensity and supports that are alleviating caregiver stress

# Expanded Initiatives

- **BellAge** – Adult Wellbeing Check-Up Platform

will enable the aging network to measure what really matters to older adults: holistic health and wellbeing. Cost-effective way to help address key social and behavioral determinants of health and to promote better integration of health and social services.

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- **Blooming Health** – SMS, voice, email

Mass and individual outreach

Surveys and check ins

Service and reminders

- **Bill Paying/Financial Exploitation** - in 10 counties to deter or address financial exploitation

FraudFindr – forensic accounting software

Eversafe - guards against fraud, identity theft, and age-related issues.

A “second set of eyes,” - the first financial wellness tool for older adults and caregivers.

**Dorot**– how to implement a local friendly visitor program – video series

<https://aging.ny.gov/friendly-visiting-program-training-video-series>

# Expanded Initiatives

- **OnScreen** – online AI companion, telehealth interface, interactive TV

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- **Zinnia TV** – “netflixs” for dementia
- **Advocord** – advanced software/platform to train guardians and provide one place for all documents and reports as required by court system
- **Relish-Life** – Products designed specifically for individuals with dementia – music, puzzles, arts and crafts, games, etc.
- **Memory Lane TV** – programming for individuals with dementia and their caregivers via TV

**LifeBio and MyHello** – self or caregiver documentation of life story/experiences and what matters.

# Free Resource

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- Video Tutorials – Federal, State and Local Benefits
- [Video Tutorials All in One Place: Help Older Adults in Your Community Apply for Benefits | Office for the Aging](#)
- All resources available at :
  - <https://aging.ny.gov/innovations-aging>

# NEXT MEDICAID MONDAY

April 13, 2026  
12:00–12:30pm



## CDPAP After Transitions:

*What Consumers and  
Caregivers Need to Know*

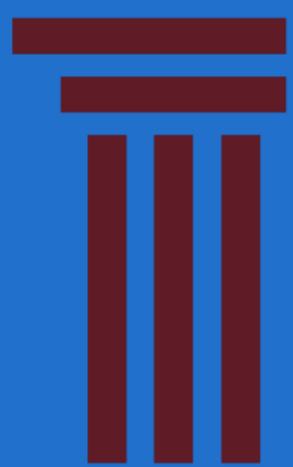


*Special Guest : Valerie Bogart, Of Counsel  
New York Legal Assistance Group*

REGISTER:

<https://www.pierrolaw.com/events/>

# REGISTRATION NOW OPEN!



*31st Annual*  
**ELDER LAW  
FORUM**

- Thursday, May 14, 2026
- 8:30 AM – 4:00 PM
- The Desmond, Albany
- Or Live Stream
- Free to Attend
- 6 CEUs for Social Workers

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<https://www.pierrolaw.com/events/>

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**OR Email:** [info@pierrolaw.com](mailto:info@pierrolaw.com)





**THANK YOU!**

**QUESTIONS?**

Schedule a Consultation for  
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**(866) 951-PLAN**

***Please Fill Out Your Survey  
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