Starting Soon.....

Medicaid Mondays "2024 Update and the New Numbers"

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Agenda 1.8.24

- Key questions about long-term care
- New eligibility numbers: surprise?
- How is income calculated?
- What assets are countable or exempt?
- Regional rates and the penalty calculation
- What this means for applicants and their families







Key Questions on Paying for LTC

- 1. Where would you want to live?
- 2. Who would take care of you?
- 3. **How** would you pay for it?

Self-Insuring

Private LTC
Insurance
+ Life
Products

Medicaid





Medicare vs. Medicaid



Medicare does not cover long-term care

Medicaid is the only government program that pays for long-term care



NEW 2024 MEDICAID ELIGIBILITY NUMBERS

Monthly Income						
	2024	2023	Difference			
Individual (at home)	\$1,677 +\$20	\$1,677 +\$20	\$0!			
Couple (both at home)	\$2,268 +\$20	\$2,268 +\$20	\$0!			
Community Spouse Income Allowance	\$3,853.50	\$3,715.50	+\$138			
Institutionalized Spouse Income Allowance	\$ 50					

NEW 2024 MEDICAID ELIGIBILITY NUMBERS

Resources						
	2024	2023	Difference			
Individual	\$30,182	\$30,182	0!			
Couple Comm. Spouse Resource	\$40,821	\$40,821	0!			
Allowance	\$74,820 ¹					

I - \$74,820 (or the spousal share of 1/2 combined resources up to a maximum of \$154,140



NO Change to Income or Assets???

After all, 2023 saw a dramatic jump!

- Income eligibility levels +743 single applicant
- **Resources** eligibility levels +13,382 single applicant
- And...in 2023 the numbers were adjusted in February, as new Federal Poverty guidelines were published on January 19, 2023.
- So stay tuned...

Still. Why the same?





Numbers may not be changing but....

....New York State <u>Policy IS</u> In Flux! Governor Hochul's Master Plan for Aging



GOALS IN PROCESS: "Help older New Yorkers Age in Communities of Their Choice"

- Greater access to services and long-term care
- Revitalization of EMS services and medical transportation







Some assets that are exempt:

- **\$30,182**
- One Car
- Pre-paid burial
- Income producing property business assets
- Life insurance face value less than \$1,500!



IRA in "Periodic Payment Status" - major exception





Your Home

- Exempt if you, a spouse or minor or disabled child lives there
- Transfer exemptions
- Intent to return home



Liens + Estate Recovery





Home? Or The Nursing Home?

Community Medicaid

- Home health care
- Assisted living facility
- Medicaid managed long-term care
- Adult day care
- No lookback under current rules

Chronic Care Medicaid

- Nursing home care
- 5-year lookback
- Transfer penalties = # of mos.









Home Care: Window Of Opportunity Still Open

No lookback for asset transfers until 2025

- -based on current DOH Guidance
- Implementation of law imposing a 30month lookback on applicants for asset transfers after Oct. 2020 has been delayed multiple times









<u>Impacts Today:</u>

- Legal planning can be done to become Medicaid-eligible without penalty
- Higher income/asset limits established in 2023 continue to allow seniors to keep more of what they have
- Many who would benefit still require a plan to become eligible







- Excess Income above \$1,697 per month goes in
- Expenses get paid by Pooled Trust Trustee
 - What expenses qualify?
 - Mortgage Payments
 - Utility Payments
 - Tax Payments
 - Home Improvements
 - Food Payments
 - Additional Care if Medicaid isn't providing all that's needed
 - Monthly service costs for in-home technology







Navigating Home Care Once Approved

There are different kinds of Medicaid programs one can choose from, including:

- Managed Long-Term Care (MLTC)
 - Personal Care Services Program (PCSP)
 - Consumer Directed Personal Assistance Program (CDPAP)
- 2. Nursing Home Transition and Diversion Medicaid Waiver Program (NHTD)
- Program for All-Inclusive Care for the Elderly (PACE)

Key is to work with a qualified team of professionals to help select the base fit for all involved







- Applies to Nursing Home/ Chronic
 Care Medicaid
- All transfers of non-exempt assets are added up- 5 years worth
- The total is then divided by the NYS divisor = average monthly nursing home cost





5-Year Look Back And Medicaid Penalty

Common examples of transactions that can lead to a penalty:

- Deeding a house to your children
- Money gifted to a grandchild for graduation
- Large gift to your church or charity

Exceptions

- Transfers to a spouse or disabled child
- Transfers of the home to certain beneficiaries







2024 NYS Medicaid Regional Rates

Region	Counties	2024	2023
New York City	Bronx, Kings (Brooklyn), NY (Manhattan), Queens, Richmond (Staten Island)	\$14,273	\$14,142
Long Island	Nassau, Suffolk	\$14,668	\$14,136
Northern Metropolitan	Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester	\$14,165	\$13,906
Western (Buffalo)	Alleghany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans, Wyoming	\$12,241	\$12,130
Northeastern (Albany)	Albany, Clinton, Columbia, Delaware, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington	\$13,235	\$12,744
Rochester	Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Wayne, Yates	\$14,419	\$13,421
Central (Syracuse/Utica)	Broome, Cayuga, Chenango, Cortland, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, St. Lawrence, Tioga, Tompkins	\$12,196	\$11,726



The Medicaid Penalty

The penalty is a number of months of ineligibility

- For example, Albany resident transfers \$152,928 within the past 5 years:
 - \$158,820 / \$13,235 = 12 months w/o Medicaid
- Penalty period begins when person is:
- 1. Receiving Care in a Nursing Home
- 2. Is otherwise eligible \$30,182 or less of countable assets
- 3. Has submitted a Medicaid application



Who pays during the penalty period? The applicant!







Medicaid Home Care:

- 1. More income and resources allowed to enhance lifestyle since 2022
- Delayed implementation of 30-month lookback = Time for Planning/Asset Protection or help NOW if needed

Nursing Home Medicaid

- 1. More income and resources allowed to enhance lifestyle since 2022
- 2. Previous planning opportunities still viable
- 3. Shorter penalties statewide due to increases in penalty divisor



NEXT MEDICAID MONDAY

12-12:30pm February 12, 2024

The "Well" Spouse's Rights in Medicaid

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