

# Managed Long-Term Care (MLTC) Medicaid Plan

You want to stay **independent** and safe **in your own home.**

**Nascentia Health Options** is here to help.

Our comprehensive managed long-term care plan matches you with a care manager who will develop a custom plan to meet your specific needs.

To help you maintain your independence, we offer some of New York's best home-based care services. We focus on giving you the care you need where you want it most—in your own home.



Nascentia   
Health**OPTIONS**

Managed Long-Term Care (MLTC) Medicaid Plan

**1-888-477-4663 (TTY 711)**

[nascentiahealthoptions.org](http://nascentiahealthoptions.org)

Atención: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-477-4663. TTY/ TDD llame al 711.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-477-4663。TTY/TDD call 711.

The quality **long-term** care you need to stay in the **home** you love



Nascentia   
Health**OPTIONS**

Speak to our friendly team today!  
**1-888-477-4663 (TTY 711)**

Learn more online @  
[nascentiahealthoptions.org](http://nascentiahealthoptions.org)

## Services



Our skilled team coordinates all of your care, letting you focus on what's important—your health and wellness. Our benefits are centered on what you want most from your insurance.

### Key Benefits

- + Care management
- + Home health aides
- + Medication management
- + Medical equipment
- + Therapies
  - + Physical
  - + Speech
  - + Respiratory
  - + Occupational

### Additional Services

- + Adult day care
- + Audiology/hearing aids
- + Consumer-directed personal assistance
- + Dental
- + Home safety modifications
- + Home-delivered meals
- + In-home nursing
- + Nutrition services
- + Personal emergency response system
- + Podiatry
- + Telehealth
- + Transportation
- + Vision

## Nascentia Health Options

is designed for people who are Medicaid eligible, chronically ill or disabled, and who need long-term care services to stay safely in their homes.

## Nascentia HealthOPTIONS


Enroll with our helpful team today!

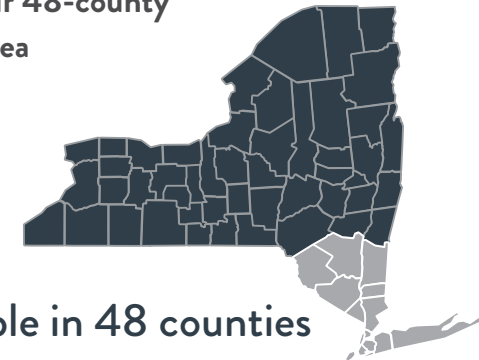
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## Eligibility

- + Age 18 or older 
- + Eligible for nursing home level of care (may be required in some cases)
- + Can stay safely at home and in the community at the time you join the plan
- + Need long-term care for at least 120 days
- + Medicaid-eligible
- + Live in our 48-county service area



Available in 48 counties

“Nascentia made sure my mom had all of the services she needed and really went the extra step to coordinate everything for her.”